



2023  

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2024

Alzheimer's and Dementia  
**RESOURCE DIRECTORY**



Creating a community where no one affected by Alzheimer's and dementia makes the journey alone.



Alzheimer's  

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RESOURCE CENTER  
& Dementia



# Weems, Schimpf, Haines & Moore

*A Professional Law Corporation*

## **ELDER LAW ATTORNEY KYLE A. MOORE IS PLEASED TO SPONSOR THE BRIDGE ALZHEIMER'S & DEMENTIA RESOURCE CENTER**

We are committed to helping seniors, individuals with disabilities, and their families to make informed choices with their long-term care. We offer our clients sound legal advice and work with each family to develop an individualized plan to protect their assets from potentially devastating nursing home costs. Whether you are planning for the future or already in a nursing home, we can help your family.

The key to successful planning is to find qualified professionals to assist you and to start planning well in advance of needing long-term care. However, it is never too late to get advice about your particular situation so that you can make the best decisions for your family.

## **SERVICES WE PROVIDE**

**LONG TERM CARE PLANNING  
MEDICAID/VETERANS BENEFITS  
SPECIAL NEEDS PLANNING**

**ESTATE PLANNING  
SUCCESSIONS  
TRUSTS**

## **MEET THE TEAM**

**WEEMS, SCHIMPF, HAINES  
& MOORE, APLC**

9105 Ellerbe Road, Suite A 100  
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# TABLE OF CONTENTS

The Right to Choose.....	3
Letter from The Bridge .....	4
2023/2024 Board of Directors .....	5
About The Bridge.....	6
The Bridge Services & Events.....	7
What To Do When Diagnosed .....	8-9
Medicaid Benefits.....	9-10
Veterans Aid & Attendance Pension .....	11-12
Power of Attorney .....	12
Lending Library .....	13-14
Recommended Reading .....	15-16
Glossary of Terms .....	17-21
Local Resources.....	25-44
<i>Adult Day Centers</i> .....	25
<i>Assisted Living Facilities</i> .....	25
<i>Behavioral Health Services</i> .....	26-27
<i>Caregiver Support Groups</i> .....	27-28
<i>Councils on Aging</i> .....	28-29
<i>Durable Medical Equipment &amp; Other Assistance</i> .....	30-31
<i>Financial Resources</i> .....	31-32
<i>Food/Nutritional Support</i> .....	32
<i>Government Services</i> .....	32-33
<i>Home Care/Professional Sitter Companies</i> ....	33-34
<i>Home Health Agencies</i> .....	34-35
<i>Hospice</i> .....	35-36
<i>Legal Services</i> .....	36-37
<i>Medical Treatment Facilities</i> .....	37-38
<i>Memory Care Units</i> .....	38-39
<i>Neurologists</i> .....	39
<i>Senior Apartments/Independent Living</i> .....	39-41
<i>Skilled Nursing &amp; Rehabilitation Facilities</i> .....	41-43
<i>Specialty Hospitals</i> .....	43-44



# THE RIGHT TO CHOOSE

This Alzheimer's and Dementia Resource Directory was created by The Bridge Alzheimer's & Dementia Resource Center, a non-profit organization dedicated to providing resource information and education for individuals with Alzheimer's and dementia, their families, and caregivers. All information is intended for use as a reference only reflecting available resources as provided to us and does not represent an endorsement by this organization.

## **THE PATIENT'S BILL OF RIGHTS ACT MANDATES EVERY PATIENT'S RIGHT TO CHOOSE THE PROVIDER OF THEIR HEALTHCARE SERVICES.**

The information provided within is not intended for diagnosis, treatment, or providing a plan of care for those with Alzheimer's or dementia. Our hope is for you to become more knowledgeable regarding available options allowing the opportunity for discussion with your medical provider.



# A LETTER FROM THE BRIDGE

Dear Friends,

We are pleased to bring you the updated edition of our Directory of Local Resources. This directory has been developed and brought to you by The Bridge Alzheimer's & Dementia Resource Center to provide you and your family with a comprehensive list of resources available in Northwest Louisiana. The information contained in this directory is to be used as a starting point for your journey with Alzheimer's or other dementias.

The Bridge Alzheimer's & Dementia Resource Center is a non-profit organization that helps families diagnosed with Alzheimer's and other dementias. We are your LOCAL organization providing resources, education, and support services for those in our community diagnosed with Alzheimer's or other dementias and their family members and caregivers, as well as promoting awareness in the community. We hope that this directory will provide information for your immediate access now and in the future. If you need more assistance with a topic or have a question, please give us a call at (318) 656-4800. One of our care navigators will be glad to assist in any way possible.

We want to thank you for allowing The Bridge Alzheimer's & Dementia Resource Center to assist you in this journey. Our vision is "Creating a community where no one affected by Alzheimer's or other dementias makes the journey alone."

Sincerely,



Paulette Freeman, *Executive Director*



# 2023 BOARD OF DIRECTORS

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# ABOUT THE BRIDGE ALZHEIMER'S & DEMENTIA RESOURCE CENTER

## OUR MISSION

The mission of The Bridge Alzheimer's & Dementia Resource Center is to provide resources, education, and support services for those in our community diagnosed with Alzheimer's disease and related dementias, as well as to their family members and caregivers, and to promote awareness in our community.

## OUR SERVICES

- Local Resource Directory
- Memory Screenings
- Monthly Education Workshops
- Annual Education Conference
- Caregiver Support Groups (in-person and online)
- Confidential Counseling
- Activities for Caregiver & Individual with Dementia
- Art & Music Programs
- Community Forums
- Speakers Bureau
- Educational Materials
- Lending Library

## FINANCIAL SUPPORT

The Bridge Alzheimer's & Dementia Resource Center is a non-profit organization qualified under Internal Revenue Code 501(c)3 to accept donations as tax-deductible contributions. All donations made to the Center are used to provide services in our local community. The Center is financially supported by member commitments, general donations, memorial donations, corporate partnerships, fundraising events, and grant opportunities.

All funds raised by The Bridge Alzheimer's & Dementia Resource Center are used to provide services in our Northwest Louisiana community. Our annual report is posted on our website at [www.alzbridge.org](http://www.alzbridge.org), or you can contact our office at (318) 656-4800 for a copy.



# EVENTS HELD BY THE BRIDGE

Services of The Bridge Alzheimer's & Dementia Resource Center are available to those affected by Alzheimer's and dementia and their family and caregivers in Northwest Louisiana or out-of-state family members whose loved ones live in the area. Our services are free of charge.

## ANNUALLY

- Our annual conference on Alzheimer's and dementia is held on the first Friday in November. It is the most anticipated event of the year bringing in national and local experts to provide the best information and treatment for dementia.

## MONTHLY

- **First Wednesday Workshops:** Held on the first Wednesday of the month at The Bridge
- **Second Saturday Workshops:** Held on the second Saturday of the Month at Broadmoor Presbyterian Church
- **Art Connection:** Held on the third Friday of the month at Noel United Methodist Church
- **Drum Beats:** Held on the fourth Thursday of the month at The Bridge
- **Zoom Caregiver Support Groups:** Held on the third Wednesday of the month. Call The Bridge at (318) 656-4800 for login information
- **In-Person Caregiver Support Groups:** Held throughout the month at various locations, visit [alzbridge.org/events](http://alzbridge.org/events) to find one near you.





# WHAT TO DO WHEN DIAGNOSED WITH ALZHEIMER'S OR DEMENTIA

There are some very important factors you and your family should consider and discuss when a loved one is first diagnosed with Alzheimer's or dementia. Below is a checklist of these factors to help you plan for the future.

**NEEDS AND GOALS:** Plan for your immediate and future healthcare needs and financial goals. Choose someone you trust to openly discuss these matters.

**CAREGIVER:** Discuss with your family who will assume the role of your main caregiver. This may be a spouse, your child, or a friend.

**CAREGIVER ASSISTANCE:** Discuss with family and friends who would be able to assume the caregiver role in case your main caregiver becomes ill or unable to care for you.

**LEGAL:** Determine your healthcare wishes and seek legal counsel to set up a Living Will and Durable Power of Attorney.

**FINANCIAL:** Determine your financial needs and goals and SEEK FINANCIAL PLANNING. No matter your financial status, getting the right advice from someone who knows the facts can truly save you and your family from future worry or hardship. Many companies do not charge a fee for consultation. It is also important to look into Long Term Care planning as early as possible, even if you do not plan to need it. According to the Genworth 2021 Cost of Care Survey, costs for most long-term care options in the Shreveport/Bossier area continue to rise. The average cost of a semi-private room in a nursing home is rising at the rate of 3% per year, with a current average of \$5,384 per month. The average rate for a private room in area nursing homes is \$6,266 per month. Rates for a one-bedroom unit in an assisted living facility are \$3,870 per month. Adult day care rates average \$1,842 per month. Homemaker/sitter services average \$3,241 per month. Adult day care rates, at \$63 per day, are about 2% less on average than in previous years. In-home non-medical care costs have risen by 1% to an average of \$16 per hour, while homemaker/sitter services costs have gone up by 1% as well to an average of \$15 per day.

**KNOWLEDGE:** Educate yourself and your family on the challenges that come with Alzheimer's and dementia.



**INFORMATION:** Be informed. Refer to the references provided in this directory, including books, websites, and other services that will keep you informed on the latest updates in Alzheimer's research and care.

## MEDICAID BENEFITS

Medicare does not pay for long-term custodial care, with only limited exceptions. A person who needs nursing home care must pay for it himself unless certain income and resource tests are met. The rules for meeting these financial requirements appear to be simple, but meeting them in the most beneficial fashion can be quite complex.

**INCOME LIMIT:** In Louisiana, if the income of the person entering the nursing home falls below the Medicaid rate for that facility, the income test is met. Medicaid will pay the difference between the person's income and the Medicaid rate. The institutionalized person can retain income of only \$38 per month (plus \$90 if a qualifying veteran) and enough to pay Medicare and health insurance premiums, but the rest of the income must be paid to the nursing home. However, only the income of the applicant is counted; the income of the spouse who is living at home (the community spouse) is not counted and need not be paid to the nursing home.

**MAXIMUM MONTHLY MAINTENANCE NEEDS ALLOWANCE: \$3,715.50**

If the community spouse's income falls below \$3,715.50 per month, the institutionalized spouse may transfer enough of his or her income to the community spouse to bring the community spouse's income up to \$3,715.50. In many cases, this means that the institutionalized spouse pays nothing to the nursing home, and Medicaid will pick up the entire tab, up to the Medicaid rate for the particular nursing home.

**RESOURCE LIMIT:** Resources include anything of monetary value, with certain exceptions, such as a vehicle (even if the person can no longer drive), a prepaid funeral (or up to \$10,000 of life insurance coverage), gravesites for the person and family members, most household items, and so forth. The home is also exempt or non-countable, but Medicaid will, with limited exceptions, expect repayment from the sale of the home after the person dies. All resources of a couple are counted, not just those of the institutionalized spouse. For example, if the community spouse has separate property, it is countable.



**APPLICANT: \$2,000.00** The applicant is allowed countable resources of only \$2,000.00. However, if the applicant is married, additional resources are allowed.

**COMMUNITY SPOUSE RESOURCE ALLOWANCE: \$148,620.00**

Although the applicant is allowed to retain only \$2,000.00 of countable resources, the community spouse may have an additional \$148,620.00.

**PATIENT LIABILITY:** When a person receives Medicaid for long-term care, all of his or her income is paid to the facility, except what the person pays for Medicare premiums, other health insurance (such as a Medigap policy), health insurance premiums (if not qualified for Medicare), and a monthly personal needs allowance of \$38. Additionally, a qualified veteran is entitled to a special benefit of \$90 per month.

**LOOK-BACK PERIOD:** When an application for long-term care is filed, Medicaid will “look back” to consider any gifts (transfers for less than fair market value) made during the previous five years. Any gifts made more than five years before the application are disregarded; any made during that five-year period are penalized.

**PENALTY FOR GIFTS AND FIVE-YEAR LOOK-BACK PERIOD:** Any transfer for less than the fair market value during the look-back period will result in a penalty—a time for which Medicaid will not pay nursing home costs. The penalty period is determined by dividing the value of the gift by \$5,000.00 (the average monthly private pay cost, a figure that is slightly out of date). For example, a donation of \$100,000.00, made four years and eleven months prior to the application, will result in a 20-month penalty. In this example, had the application been held another month, when the five-year look back would have expired, there would have been no penalty. The penalty begins to run not when the donation is made but when the person qualifies for Medicaid (is broke) and files an application.

It is important to understand that the look-back period and the penalty for gifting are distinct concepts. Gifts do not automatically disqualify a person for five years, as the penalty period may be considerably less than five years, depending on the amount of the gift. Also, strategies are available to decrease the penalty period often by more than half.

# VETERANS AID & ATTENDANCE PENSION

For veterans who have at least 90 days of active service, at least one day of which was during a time of war, a special benefit is available when income and resource requirements are met. A service-connected disability is not required for this special pension program, the most popular form of which is called “Aid and Attendance,” or “A&A.”

## A&A BENEFITS MAY BE AS HIGH AS:

STATUS	MONTHLY BENEFIT
<b>Veteran Without Dependents</b>	\$2,230.00
<b>Veteran With One Dependent (usually the spouse)</b>	\$2,642.00
<b>Widow or Widower of a Veteran</b>	\$1,432.00

The benefit is payable to the veteran, not the spouse, unless, of course, the qualifying person is a widow or widower of a veteran. VA does not pay care providers; the benefit is paid directly to the veteran or surviving spouse. The provider does not need to be VA qualified.

**INCOME TEST:** The applicant's annual income (including that of any dependents claimed) must be less than the annual benefit amount. However, medical expenses, after a small deductible, reduce income. A claimant must be in need of personal assistance from another individual to perform at least two or more of the following Activities of Daily Living (ADLs): bathing or showering, dressing, eating, toileting, transferring, and mobility throughout the living environment.

**PENALTY FOR GIFTS AND THREE-YEAR LOOK-BACK PERIOD:** The Department of Veterans Affairs implemented a three-year look-back period in October 2018. Any transfer for less than the fair market value during the look-back period will result in a penalty—a time for which DVA will not pay the pension.



**RESOURCE TEST:** The net worth limitation has increased to \$150,538.00 for 2023. Net worth is the total assets plus net income (gross income less allowable medical deductions). The figure for net income cannot be a negative number. Excluded resources from the calculation are the primary residence (with a lot up to a maximum of 2 acres), a vehicle, and burial policies or life insurance up to \$10,000 of cash value.

For more information on A&A benefits see:  
<https://benefits.va.gov/benefits/>

## POWER OF ATTORNEY

A person may also appoint someone to make financial decisions. Medical care costs money, and having someone who can act on your behalf regarding financial matters is important, especially if your health prevents you from being able to manage your own finances. As with the health care power of attorney, you can appoint one or more persons as agent(s). The health care power of attorney and financial power of attorney can be together in one document, or they can be two separate documents.



# LENDING LIBRARY AT THE BRIDGE

Just for you, we have a small library of books located in our office. You may check out any of these books to read and simply return them within 30 days.

BOOK TITLE	AUTHOR
<b>Grandma's Living with Dementia</b>	Amanda Bulgarelli & Abby Snow
<b>Stronger Seniors Workout Program (2 DVDs)</b>	Anne Pringle Burrell
<b>Before I Forget</b>	B. Smith & Dan Gasby
<b>The Neuroscientist Who Lost Her Mind</b>	Barbara K. Lipska
<b>Meditations for Caregivers*</b>	Barry J. Jacobs, PsyD & Julia L. Mayer, PsyD
<b>Building a Legacy of Love</b>	Christy Byrne Yates
<b>A Tattoo on My Brain</b>	Daniel Gibbs with Teresa H. Barker
<b>Second Forgetting</b>	Dr. Benjamin Mast
<b>Alzheimer's Disease - Everything You Need to Know</b>	Dr. William Molloy and Dr. Paul Caldwell
<b>Letters from Madelyn</b>	Elaine K. Sanchez
<b>Elizabeth is Missing</b>	Emma Healey
<b>No Winter Lasts Forever</b>	Fran Tilton Shelton
<b>On Pluto - Inside the Mind of Alzheimer's</b>	Greg O'Brien
<b>The Truth is at My Front Door</b>	Ilene M. Cummings
<b>Page in my Book of Life</b>	J.F. van den Nieuwenhof
<b>Mama Said There'd Be Days Like This</b>	Jean Gatz
<b>The Geography of Memory</b>	Jean Murray Walker

<b>BOOK TITLE</b>	<b>AUTHOR</b>
<b>Mayo Clinic on Alzheimer's Disease and Other Dementias</b>	Jonathan Graff-Radford, MD & Angela M. Lunde, MA
<b>Unexpectedly Eighty and Other Adaptations</b>	Judith Viorst
<b>Outsmarting Alzheimer's</b>	Kenneth Kosik, MD, with Alisa Bowman
<b>Dancing with Grandad</b>	Linda Bozzo
<b>The 36-Hour Day</b>	Nancy L. Mace, MA & Peter V. Rabins, MD, MPH
<b>Validation - The Feill Method</b>	Naomi Feill
<b>The Alzheimer's Medical Advisor: A Caregiver's Guide</b>	Philip D. Sloane, MD, MPH
<b>Horticultural Therapy Methods</b>	Rebecca L. Haller & Christine L. Kramer
<b>The Alzheimer's Prevention &amp; Treatment Diet</b>	Richard S. Isaacson, MD & Christopher N. Ochner, PhD
<b>Moving Miss Peggy</b>	Robert Benson
<b>Don't Forget My Name</b>	Starla Ross
<b>Untangling Alzheimer's - The Guide for Families and Professionals</b>	Tam Cummings, PhD
<b>Understanding the Changing Brain</b>	Teepa Snow
<b>Every Deep-Drawn Breath</b>	Wed Ely, MD

# RECOMMENDED READING

BOOK TITLE	AUTHOR
<b>The 36-Hour Day</b>	Nancy L. Mace & Peter V. Rabins
<b>Coach Broyles' Playbooks for Alzheimer's Caregivers: A Practical Tips Guide</b>	Coach Frank Broyles
<b>Alzheimer's Early Stages: First Steps in Caring &amp; Treatment</b>	David Bennett & Daniel Kuhn
<b>Coping with Alzheimer's: A Caregiver's Emotional Survival Guide</b>	Rose Oliver, PhD & Frances A. Bock, PhD
<b>Coping with Caring: Daily Reflections for Alzheimer's Caregivers</b>	Lyn Roche
<b>The Caregiver: A Life with Alzheimer's</b>	Aaron Alterra
<b>There's Still a Person in There: The Complete Guide to Treating and Coping with Alzheimer's</b>	Michael Castleman, Mathew Naythons & Dolores Gallagher-Thompson
<b>Losing My Mind: An Intimate Look at Life with Alzheimer's</b>	Thomas DeBaggio
<b>Alzheimer's Disease</b>	Paul Dash & Nicole Villemarette - Pittman
<b>Rethinking Alzheimer's Care</b>	Sam Fazio, Dorothy Seman, & Jane Stansell
<b>The Complete Guide to Alzheimer's - Proofing Your Home</b>	Mark Warner and Ellen Warner
<b>What You Need to Know About Alzheimer's</b>	John Medina
<b>Through the Wilderness of Alzheimer's: A Guide in Two Voices</b>	Robert Simpson & Ann Simpson
<b>The Spectrum of Hope: An Optmistic and New Approach to Alzheimer's Disease</b>	Gayatri Devi



<b>BOOK TITLE</b>	<b>AUTHOR</b>
<b>The Validation Approach</b>	Naomi Feil, Vicki de Klerk
<b>Talking to Alzheimer's</b>	Claudia J. Strauss
<b>Learning to Speak Alzheimer's</b>	Robert N. Butler
<b>Into the Shadows: A Journey of Faith and Love into Alzheimer's</b>	Robert F. Dehaan
<b>When a Family Member has Dementia: Steps to Becoming a Resilient Caregiver</b>	Susan M. McCurry
<b>The Long Goodnight: My Father's Journey Into Alzheimer's</b>	Daphne Simpkins
<b>Voices of Alzheimer's</b>	Betty Petterson
<b>A Mother's Voice</b>	Sally Callahan
<b>The Best Friend's Book of Alzheimer's Activities</b>	Virginia Bell, David Troxel, Tonya M. Cox, Robin Hamon
<b>The Reluctant Caregivers</b>	Anne Hendershott
<b>Behaviors of Dementia</b>	Mary Kaplan & Stephanie B. Hoffman
<b>The Fearless Caregiver</b>	Gary Barg
<b>Creating Moments of Joy</b>	Jolene Brackey
<b>Caring for Your Aging Parents</b>	Barbara Deane
<b>Caring for Yourself While Caring for Your Aging Parents</b>	Claire Berman
<b>In Their Hearts: Inspirational Alzheimer's Stories</b>	Margaret Britton Yearwood
<b>Elder Rage: How to Survive Caring for Aging Parents</b>	Jacqueline Marcell
<b>Show Me the Way to Go Home</b>	Larry Rose
<b>Validation for Caregivers</b>	Vicki de Klerk with Naomi Feil

# GLOSSARY OF TERMS

## RELATED TO DIAGNOSIS

**Activities of Daily Living (ADL)** – A person's daily routine of basic functions; examples include dressing, bathing, personal hygiene, eating, walking, and other personal activities. Many diagnostic tests measure activities of daily living to determine the level of care a person may need.

**Dementia** – An umbrella term for a collection of symptoms that are caused by disorders affecting the brain and impact memory, thinking, behavior, & emotion.

**Alzheimer's disease (AD)** – A disease that causes cells in the brain to die. Over time, this cell death affects the brain's ability to process information causing a person to have memory loss as well as problems with thinking and reasoning, problems with orientation, language, behavior, and personality changes. As this disease progresses, individuals eventually lose the ability to live independently.

**Alcohol Induced Dementia** – A brain disorder caused by regularly drinking too much alcohol for several years. It is caused by a severe deficiency in thiamine.

**Creutzfeldt-Jacob Disease** – Rare neuro-degenerative disease that rapidly, progressively, and severely affects the brain. Also known as mad cow disease.

**Frontotemporal Disease** – Progressive degeneration of the temporal and frontal lobes of the brain affecting personality, speech, walking, behaviors, etc.

**Huntington's Disease Dementia** – Genetic, inherited condition that causes a slow, progressive decline in a person's movement, memory, thinking, and emotional state.

**Lewy Body Dementia** – Abnormal deposits of protein that develop inside nerve cells that affect thinking, movement, behavior, and mood.

**Mixed Dementia** – Abnormalities characteristic of more than one type of dementia occur simultaneously.



**Parkinson's Disease Dementia** – Decline in thinking and reasoning that develops in many people living with Parkinson's.

**Vascular Dementia** – Caused by a block or reduction of blood flow to the brain, depriving the brain cells of vital oxygen and nutrients.

## RELATED TO LEVEL OF CARE

**Durable Medical Equipment (DME)** – Medical equipment prescribed by a physician that is used for the treatment of an illness or injury. (Examples include wheelchairs, hospital beds, oxygen, etc.)

**Home Health Care (HH)** – Care and treatment performed in the home of a person during visits by professionals, including nurses and social workers; physical, occupational, and speech therapists; and home health aides. This care is prescribed and managed by a physician.

**Hospice** – A service providing comfort and supportive care by professionals and volunteers to terminally ill individuals and their families. Care can be provided in the home or within a facility, such as a hospital, nursing home, or independent hospice facility.

**Non-medical In-Home Care** – Care providing assistance with ADLs, companionship, meal preparation, and light housekeeping.

**Respite Care** – A service providing care for individuals requiring continual assistance. This service allows needed relief for family members and friends who serve as main caregivers. This service is provided in the home, at adult day care centers, or at skilled nursing facilities outside the home.

## COMMUNITY-BASED CARE

**Acute Care Hospital** – A hospital that provides care to individuals who have had a recent onset of an illness, injury, or worsening symptoms of a chronic illness requiring immediate and continual care by physicians, skilled nurses, and therapy staff to restore good health. These facilities provide emergency rooms, operating rooms, critical care units, surgery care units, and medical units.

**Adult Day Care** - A day program providing health, social, and functional support to elderly and disabled adults in a group setting outside the home; it can be utilized as a source for respite care outside the home.

**Independent Hospice Facility** – Freestanding facility designed specifically to provide inpatient hospice care. Beneficial for patients without primary caregivers or caregivers unable to manage the overwhelming tasks associated with the terminally ill, who need up to 5 days of respite care, or may allow brief admission for critical medical needs that cannot be met in a home environment.

**Long Term Acute Care Hospital (LTAC)** – A hospital that provides care to individuals whose medically complex illness (multiple illnesses) require a longer stay in an acute care setting to restore a person back to a level of good health. These facilities provide the same continued monitoring by physicians, nurses, and therapists within critical care units and medical care units and also offer rehabilitation to maximize recovery. These facilities do not offer emergency or operating room services. (Examples: Promise Hospitals, Lifecare Hospitals, and Cornerstone)

**Outpatient Rehab** – Programs designed on an outpatient basis for patients who are moderately stable and will benefit from a formal rehab program to build physical endurance, improve mental and cognitive function, or manage pain. (Examples include: Pulmonary Rehab and Cardiac Rehab programs available at Willis-Knighton and CHRISTUS Schumpert)

**Rehabilitation (Rehab) Hospital** - A facility that provides extensive rehabilitation therapy on an inpatient basis for patients recovering from physically debilitating conditions, such as complex orthopedic disorders and/or neurological disorders and injuries. These facilities provide aggressive physical and occupational therapy programs designed for patients able to tolerate at least three hours of therapy per day.

**Skilled Nursing Facility** – A facility providing full-time supervision by skilled nursing staff and generalized rehab therapy. These facilities are located within hospitals, rehabs, and nursing homes. Skilled nursing units within a nursing home can accept patients for a temporary stay until the patient recovers and is able to return home.

## TERMS RELATED TO SENIOR LIVING

**Memory Care Unit** – A special unit, wing, or independent facility designed with a secure environment constructed to help minimize sights and sounds which may cause confusion and agitation, also providing trained staff to work effectively and stimulate constructive behaviors.

**Assisted Living Facility** – A facility offering twenty-four-hour staff with private dwelling units. These facilities are designed for individuals who have difficulty functioning independently and require assistance with normal daily activities such as dressing, grooming, bathing, and medication reminders.

**Custodial Care** - General level of care providing assistance with activities of daily living but does not require continued care by trained medical personnel.

**Independent Living Facility** – A facility offering private residential dwellings with bedrooms, bathrooms, living rooms, and kitchens. These facilities are designed for independently functioning adults and may not provide other support services. However, some independent living facilities may provide central dining areas, housekeeping, linen, and transportation services, as well as recreational activities and other support services. When these services are offered in an independent living environment, it may also be referred to as “Congregate Housing.”

**Intermediate Care Facility** – A facility providing care to individuals who are not actively ill but require twenty-four-hour care or for those in a crisis situation whose medical needs cannot be managed in a home setting. This facility does not provide long-term care.

**Long-Term Care Coverage** – Insurance coverage that helps pay the cost of long-term care, which is generally not covered under a regular health insurance plan, Medicare, or Medicaid.

**Long Term Care Facility (LTCF)** – A facility licensed by the state as a nursing home that provides skilled nursing services, intermediate care, and custodial care.

**Medicaid** – A federal and state-funded program designed to help pay for medical services and long-term care services to individuals who qualify.

**Medicare** – The United States federal government program which provides health insurance to people aged 65 or older, under age 65 with certain disabilities, and to any aged person with permanent kidney failure requiring dialysis or kidney transplant.

**Medicare Supplemental** – An additional insurance policy held by a Medicare beneficiary or commercial beneficiary that processes and pays claims after the primary insurance has paid its part.

**Senior Housing** – Housing restricted to seniors in a community setting, including Age-restricted neighborhoods offering resort-style amenities and social activities with options to own, lease, or rent property.

**Skilled Nursing Facility (SNF)** – A facility licensed to provide skilled nursing services and rehabilitation care for patients recovering from an illness. Patients do not require the intensive level of therapy provided in a rehab hospital.



**Alzheimer's**  
**RESOURCE CENTER**  
**& Dementia**

## **FREE CONFIDENTIAL MEMORY SCREENINGS**

A memory screening is a simple and safe “healthy brain check-up” that tests memory and other thinking skills.

**YOU CAN GET A MEMORY SCREENING  
AT THE LOCATION BELOW:**

**851 Olive Street**

**Monday–Friday**

**Call to make an appointment at**

**(318) 656-4800**

**HISPANIC MEMORY SCREENING:**

**4th Fridays at 9:00 a.m.**

Each memory screening takes 15-20 minutes and while the result is not a diagnosis, it can suggest if someone should see a physician for a full evaluation.

Programs of The Bridge Alzheimer's and Dementia Resource Center are supported by Carolyn W. and Charles T. Beard Family Foundation, Community Foundation of North Louisiana, First Presbyterian Church Shreveport, The Alta and John Franks Foundation, Powers Foundation, and The Thomas H. and Mayme P. Scott Foundation

# Caring for your loved ones is a big part of your plan. Ours, too.

## Be sure your financial goals align with your long-term needs

When it comes to family health care costs, you may have some needs that are more pressing than others. We can help. We'll work closely with you to help create a financial approach that's designed for you and your loved ones. To learn more, please give us a call today.



### SSM Financial Group

**Sal Miletello, CFP®, CPFA®, CIMA®**

Senior Vice President  
Wealth Management Advisor  
Retirement Benefits Consultant  
318.674.9418  
sal\_miletello@ml.com

### Merrill Lynch Wealth Management

401 Edwards Street  
Suite 600  
Shreveport, LA 71101  
fa.ml.com/ssmfinancialgroup



This material should be regarded as general information on health care considerations and is not intended to provide specific health care advice. If you have questions regarding your particular situation, please contact your legal or tax advisor.

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MAP5004725 | AD-04-23-0051.B | 471554PM-1222 | 04/2023

# Seniors & Caregivers

## DO YOU NEED IN-HOME SUPPORT?

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Transportation

Home Delivered Meals

Caregiver Support

Homemaker Services

Senior Centers in Benton, Bossier City,  
Haughton, and Plain Dealing

## Eligibility Requirements

Must be 60 or over

Reside in Bossier Parish

Meet assessment criteria

No support to perform these services

Contact **Bossier Council on Aging**  
**(318) 741-8302**

Follow us on Facebook

Bossier Council on Aging

[www.bossiercoa.org](http://www.bossiercoa.org)



**Bossier Council on Aging**



# When you need nursing home care, how will you pay for it?

This is **NO** Time to Delay!

Nursing home care can cost over **\$6,000** per month!

Fees like that can wipe out your savings in short order, leaving you to the bare minimum of care covered by Medicaid and nothing extra.

Let **Joe Gilsoul and Lee Aronson** guide you in setting up a plan that best suits your needs!



Call or Email us about our next **FREE Seminar!**



**GILSOUL & ARONSON**



Lee Aronson  
30 Years Experience



Joe Gilsoul  
40 Years Experience



Bridget Lyman  
Client Care Coordinator

*Both Joe and Lee have appeared on The Best of Times Radio Hour. Lee is the author of an award-winning monthly column for The Best of Times magazine. Both give frequent lectures to the public on elder law issues, and Joe has presented at continuing education seminars for lawyers at Tulane & LSU Law Schools and the Louisiana State Bar Association.*

## **Gilsoul & Aronson, LLC**

**2950 Fairfield Ave., Ste. 300 • Shreveport, LA**

**318-524-9966**

**www.gilsoul-law.com • email: joe@gilsoul-law.com**

# LOCAL RESOURCES

## ADULT DAY CENTERS, ASSISTED LIVING FACILITIES

### ADULT DAY CENTERS

**Success Day Center**  
211 North Thomas  
Shreveport, LA 71107  
(318) 606-2420

### ASSISTED LIVING FACILITIES

**Azalea Estates of Shreveport**  
516 E. Flournoy Lucas Rd.  
Shreveport, LA 71115  
(318) 459-8006

**Blake at Bossier City**  
2000 Blake Blvd  
Bossier City, LA 71111  
(318) 752-6611

**Bloom at Bossier**  
4828 Medical Dr.  
Bossier City, LA 71112  
(318) 746-0470

**Brookdale Bossier City**  
2540 Beene Blvd  
Bossier City, LA 71111  
(318) 747-2114

**Brookdale of Shreveport**  
7110 University Dr.  
Shreveport, LA 71105  
(318) 524-2100

**Montclair Park Assisted Living**  
9100 East Kings Hwy.  
Shreveport, LA 71115  
(318) 797-1114

**Savannah at The Oaks**  
600 E. Flournoy Lucas Rd.  
Shreveport, LA 71115  
(318) 212-2300

**Savannah Grand of Bossier City**  
4770 Brandon Blvd.  
Bossier City, LA 71111  
(318) 600-5883

**Stiles Apartments at The Glen**  
403 E. Flournoy Lucas Rd.  
Shreveport, LA 71115  
(318) 797-6810

*Stiles residents can not only make their apartment their home but also have the benefit of not worrying about maintenance. Assisted Living provides residents the opportunity to receive assistance with activities of daily living while still maintaining a sense of independence. Additionally, there are multiple opportunities for social engagements.*

**Tower and Garden Apartments at the Oaks of Louisiana**  
600 E. Flournoy Lucas Rd.  
Shreveport, LA 71115  
(318) 212-2000

# LOCAL RESOURCES

## BEHAVIORAL HEALTH SERVICES

### BEHAVIORAL HEALTH SERVICES

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#### **Brentwood Hospital**

1006 Highland Ave.  
Shreveport, LA 71101  
(877) 678-7500

#### **Emily Cascio, LPC**

321 Southfield Rd. Ste. 104  
Shreveport, LA 71105  
(318) 861-0862

#### **Freedom Behavioral Hospital**

1 Medical Plaza  
Minden, LA 71055  
(318) 371-5646

#### **Louisiana Behavioral Health**

9320 Linwood Avenue  
Shreveport, LA 71106  
(318) 644-8830

#### **Mary Strong, LPC**

3018 Old Minden Rd., #1206  
Bossier City, LA 71112  
(318) 350-6767

#### **Ochsner LSU Health Shreveport**

1541 Kings Hwy.  
Shreveport, LA 71106  
(318) 626-0000

#### **Overton Brooks VA Medical Center**

510 E. Stoner Avenue  
Shreveport, LA 71101  
(318) 221-8411

#### **Physicians Behavioral Hospital**

2025 Desoto Street  
Shreveport, LA 71103  
(318) 347-1920

#### **Red River Behavioral Center**

2800 Melrose Ave.  
Bossier City, LA 71111  
(318) 549-2033

#### **Reflections Senior Care**

2001 Doctors Drive  
Springhill, LA 71075  
(318) 539-1025

#### **Rehab Services of NWLA**

1301 Youree Dr  
Shreveport, LA 71101  
(318) 675-0804

#### **Samaritan Counseling Services**

1525 Stephens St.  
Shreveport, LA 71104  
(318) 221-6121

*We provide faith-based counseling to individuals and families. We have several programs that offer very reduced rates and even free counseling to those needing assistance. We are committed to the integration of mind, body, spirit, and community in the therapeutic and educational services offered.*



# LOCAL RESOURCES

## BEHAVIORAL HEALTH SERVICES CONT., CAREGIVER SUPPORT GROUPS

### **Unlimited Alternatives to Change LLC**

3018 Old Minden Road  
Bossier City, LA 71112  
(318) 746-1935

### **Brookdale Bossier City**

2540 Beene Blvd.  
Bossier City, LA 71111  
(318) 747-2114  
3rd Wednesday at 2:30 p.m.

### **Willis-Knighton Rehabilitation Institute**

1111 Line Ave., Tower 2, 3rd Floor  
Shreveport, LA 71101  
(318) 716-4610

### **First Presbyterian Church**

900 Jordan St.  
Shreveport, LA 71101  
(318) 222-0604  
2nd and 4th Wednesdays at 1:00 p.m.

## **CAREGIVER SUPPORT GROUPS**

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### **Benton (Bossier Council on Aging Site)**

202 Sibley St.  
Benton, LA 71006  
(318) 656-4800  
2nd Tuesday, call for time

### **Fitness Lady**

1700 Old Minden Rd. #180  
Bossier City, LA 71111  
(318) 747-1897  
3rd Saturday at 9:30 a.m.

### **Natchitoches Council on Aging**

1016 Keyser Ave.  
Natchitoches, LA 71457  
(318) 357-3250  
3rd Tuesday at 2:00 p.m.

### **Broadmoor Baptist Church**

4110 Youree Dr.  
Shreveport, La 71105  
318-868-6552  
2nd Wednesday at 5:00 p.m.

### **Online Zoom Group**

Please call (318) 656-4800 for login information  
3rd Wednesday at 1:00 p.m.

### **Broadmoor Presbyterian Church**

1915 Grover Place  
Shreveport, LA 71105  
(318) 868-3659  
4th Thursday at 5:30 p.m.

### **Sabine Council on Aging**

200 Legacy Dr.  
Sabine, LA 71449  
(318) 256-4140  
2nd Tuesday at Noon



# LOCAL RESOURCES

## CAREGIVER SUPPORT GROUPS CONT., COUNCILS ON AGING

### **Savannah Grand Bossier City**

4770 Brandon Blvd.  
Bossier City, LA 71111  
(318) 549-1001  
3rd Thursday at 1:00 p.m.

### **The Blake at Bossier City**

2000 Blake Blvd.  
Bossier City, LA 71111  
(318) 752-6611  
1st Tuesday at 6:00 p.m.

### **The Bridge Alzheimer's & Dementia Resource Center**

851 Olive St.  
Shreveport, LA 71104  
(318) 656-4800  
2nd Thursday at 2:00 p.m.

### **The Glen Retirement System**

403 E. Flournoy Lucas Rd.  
Shreveport, LA 71115  
(318) 798-3500  
1st Thursday at 5:30 p.m.

### **Trinity Heights Baptist Church**

3820 Old Mooringsport Rd.  
Shreveport, LA 71107  
(318) 656-4800  
2nd Tuesday at 2:00 p.m.

## **COUNCILS ON AGING**

### **Bienville Council on Aging-Arcadia Senior Center**

1776 Locust St.  
Arcadia, LA 71001  
(318) 263-2979

### **Bienville Council on Aging-Castor Senior Center**

9179 HWY 4  
Castor, LA 71016  
(318) 544-8909

### **Bienville Council on Aging-Gibbsland Senior Center**

1452 Main St.  
Gibbsland, LA 71028  
(318) 843-0015

### **Bienville Council on Aging-Ringgold Senior Center**

2076 Hall St.  
Ringgold, LA 71068  
(318) 894-9625

### **Bienville Council on Aging-Saline Senior Center**

1423 4th St.  
Saline, LA 71070  
(318) 576-3594

### **Bossier Council on Aging-Bearkat Dr.**

706 Bearkat Dr.  
Bossier City, LA 71111  
(318) 741-8302

### **Bossier Council on Aging-Benton**

202 Sibley St.  
Benton, LA 71006  
(331) 896-5991

# LOCAL RESOURCES

## COUNCILS ON AGING CONT.

### **Bossier Council on Aging-Haughton**

201 S. Hazel  
Haughton, LA 71037  
(318) 470-3821

### **Bossier Council on Aging-Plain Dealing**

600 S. Perrin  
Plain Dealing, LA 71064  
(318) 759-2808

### **Caddo Council on Aging**

1700 Buckner St. #240  
Shreveport, LA 71101  
(318) 676-7900

### **Claiborne Council on Aging**

608 E. 4th St.  
Homer, LA 71040  
(318) 927-6922

### **DeSoto Council on Aging**

404 Polk St. Suite A  
Mansfield, LA 71052  
(318) 872-3700

### **Natchitoches Council on Aging**

1016 Keyser Ave.  
Natchitoches, LA 71457  
(318) 357-3250

### **Red River Council on Aging**

1825 Front St.  
Coushatta, LA 71019  
(318) 932-5721

### **Sabine Council on Aging-Converse**

211 N. Front St.  
Converse, LA 71419  
(318) 567-9631

### **Sabine Council on Aging-Florien**

1227 N. Nolan Trace  
Florien, LA 71429  
(318) 586-5030

### **Sabine Council on Aging-Many**

200 Legacy Dr.  
Many, LA 71449  
(318) 256-4140

### **Sabine Council on Aging-Toledo**

29275 HWY 191  
Many, LA 71449  
(318) 256-0059

### **Webster Council on Aging-Minden**

1482 Sheppard St.  
Minden, LA 71058  
(318) 371-3056

### **Webster Council on Aging-Springhill**

301 West Church St.  
Springhill, LA 71075  
(318) 539-2510

# LOCAL RESOURCES

## DURABLE MEDICAL EQUIPMENT & OTHER ASSISTANCE

### **DURABLE MEDICAL EQUIPMENT & OTHER ASSISTANCE**

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#### **Accucare Home Medical**

9011 Linwood Ave.  
Shreveport, LA 71106  
(318) 687-1444

#### **Allegiance Medical Supply**

1532 Irving Place  
Shreveport, LA 71101  
(318) 865-7111

#### **Ark-La-Tex Medical Services**

3825 Gilbert St., Suite 142  
Shreveport, LA 71104  
(318) 861-5907

#### **Asbury United Methodist Church**

3200 Airline Drive  
Bossier City, LA 71111  
(318) 746-5349

#### **Audibel of Shreveport**

701 Jordan St., Suite D  
Shreveport, LA 71101-4660  
(318) 425 5417 OR  
1(200) 367-1211

#### **Better Business Bureau**

2006 E. 70th St.  
Shreveport, LA 71105  
(318) 797-1330

#### **Citizens & Neighborhood Assistance**

Shreveport, LA  
(318) 673-6950

#### **Community LLC (Ramps & more) The Community Plumber**

1087 Oliver Rd.  
Houghton, LA 71037  
(318) 422-1947

#### **Eberhardt Physical Therapy**

820 Jordan Street, Ste 150  
Shreveport, LA 71101  
(318) 222-7442

#### **Families Helping Families**

2620 Centenary Blvd., Ste. 250,  
Bldg. 2  
Shreveport, LA 71104  
(318) 226-4541

#### **FastServ Medical**

1329 Driftwood Dr.  
Bossier City, LA 71111  
(318) 741-9586

#### **Louisiana Assistive Technology Access Network (LATAN)**

3042 Old Forge Rd. Suite D  
Baton Rouge, LA 70808  
(225) 925-9500

#### **Louisiana Center for The Blind**

101 South Trenton St.  
Ruston, LA 71270  
(318) 251-2891



# LOCAL RESOURCES

## DURABLE MEDICAL EQUIPMENT & OTHER ASSISTANCE CONT., FINANCIAL RESOURCES

### **Louisiana Dept of Insurance**

1702 North Third Street  
Baton Rouge, LA 70802  
(225) 342-5900

### **Orthotic & Prosthetic Solutions**

2015 Fairfield Avenue  
Shreveport, LA 71104  
(318) 918-5894

### **Quest Diagnostics**

820 Jordan Street, Ste 102  
Shreveport, LA 71101  
(318) 510-5046

### **Red Ball Medical Supply**

501 W. 67th St.  
Shreveport, LA 71106  
(318) 424-8393

### **Senior Rx Program**

1913 Stubbs Avenue  
Monroe, LA 71201  
(318) 387-2572

### **Smoke Alarms for Seniors**

505 Travis St., Ste. 510  
Shreveport, LA 71101  
(318) 673-6650

### **Southern Rehab & Home Medical Equipment**

2207 California Dr., Suite 9-A  
Bossier City, LA 71111  
(318) 409-8324

### **The Betty and Leonard Phillips Deaf Action Center**

601 Jordan St.  
Shreveport, LA 71101  
(318) 425-7781

### **U.S. Administration on Aging**

<https://acl.gov/about-acl/administration-aging>

### **Volunteers of America**

360 Jordan St.  
Shreveport, LA 71101  
(318) 221-2669

### **Volunteers of America South Pointe Place**

1133 South Pointe Parkway  
Shreveport, LA 71105  
(318) 631-1011

### **Weatherization Assistance Program**

4055 St. Vincent Ave.  
Shreveport, LA 71108  
(318) 868-4808

## **FINANCIAL RESOURCES**

### **Meriwether Wealth & Planning, LLC**

1000 Broadway Street  
Minden, LA 71055  
(318) 377-1803





# LOCAL RESOURCES

FINANCIAL RESOURCES CONT., FOOD/NUTRITIONAL SUPPORT,  
GOVERNMENT SERVICES

## **Premier Senior Solutions**

8848 Youree Drive  
Shreveport, LA 71115  
(318) 795-0661

*PSS services and sells products including Medicare Supplement, Medicare Advantage, and prescription drug plans. We also offer final expenses, long-term care, and dental plans.*

## **Providus Financial Services**

864 Olive Street  
Shreveport, LA 71104  
(318) 629-3777

## **Shreveport Financial Empowerment**

820 Jordan, Suite 370  
Shreveport, LA 71101  
(318) 677-2504

## **SSM Financial Group**

401 Edwards St., Ste 600  
Shreveport, LA 71101  
(318) 674-9418

## **Whitelaw, Rice & Green, CPA's, LLC**

7607 Fern Ave. #404  
Shreveport, LA 71105  
(318) 797-9500

## **FOOD/NUTRITIONAL SUPPORT**

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### **Catholic Charities**

902 Olive Street  
Shreveport, LA 71104  
(318) 865-0200

### **Food Bank Northwest Louisiana**

285 Mt Zion Rd.  
Shreveport, LA 71106  
(318) 675-2400

### **Highland Center**

520 Olive Street  
Shreveport, LA 71104  
(318) 673-8440

### **Noel Neighborhood Ministries**

520 Herndon St.  
Shreveport, LA 71101  
(318) 424-0434

## **GOVERNMENT SERVICES**

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### **FEDERAL**

#### **Shreveport Vet Center**

1255 Shreveport-Barksdale Hwy  
Shreveport, LA 71105  
(318) 861-1776

#### **Social Security Administration**

1240 South Pointe Pkwy  
Shreveport, LA 71105  
(877) 319-3074



# LOCAL RESOURCES

GOVERNMENT SERVICES CONT., HOME CARE/PROFESSIONAL  
SITTER COMPANIES

## LOCAL

### **Department of Veterans Affairs Veterans Assistance Counselor**

1031 Creswell Ave.  
Shreveport, LA 71101  
(318) 676-7540

### **Mental Health Advocacy Service State of Louisiana**

1525 Fairfield Ave., Room 531  
Shreveport, LA 71101  
(318) 676-7332

### **NW Louisiana Aging and Disability Resource Center- Caddo Council on Aging**

1700 Buckner St. #240  
Shreveport, LA 71101  
(318) 676-7900

### **Office of Aging and Adult Services Department of Health and Hospitals**

3018 Old Minden Rd. Ste. 1109  
Bossier City, LA 71112  
(318) 741-2700

## STATE

### **Governor's Office of Elderly Affairs**

525 Florida St., #4  
Baton Rouge, LA 70807  
(225) 342-7100

### **LA Dept of Revenue**

P.O. Box 201  
Baton Rouge, LA 70802  
(855) 307-3893

### **Louisiana Housing Finance Agency**

2415 Quail Drive  
Baton Rouge, LA 70808  
(225) 763-8700

### **Louisiana Office of Motor Vehicles**

9310 Normandie Dr.  
Shreveport, LA 71118  
(318) 688-6807

### **Louisiana Public Service Commission- Do Not Call Program**

P.O. Box 91154  
Baton Rouge, LA 70821  
(877) 676-0773

### **Louisiana Office of the Governor- Dept of Veterans Affairs Disability**

P.O. Box 94095  
Baton Rouge, LA 70804  
(225) 922-0500

## HOME CARE/ PROFESSIONAL SITTER COMPANIES

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### LICENSED

### **A First Name Basis Home Care- Shreveport**

7591 Fern Ave., Suite 1401  
Shreveport, LA 71105  
(318) 682-8182



# LOCAL RESOURCES

## HOME CARE/PROFESSIONAL SITTING COMPANIES CONT., HOME HEALTH AGENCIES

### **ABC Senior Services**

4700 Line Ave., Suite 111  
Shreveport, LA 71101  
(318) 424-5300

### **Bluebird Paramedical Register**

521 Wayne Dr.  
Shreveport, LA 71105  
(318) 742-2224

### **Comfort Keepers**

6039 Five Oaks Dr., Suite A  
Shreveport, LA 71129  
(318) 215-9484

### **Elite Health Solutions, LLC**

7591 Fern Ave., #1602  
Shreveport, LA 71105  
(318) 213-5483

### **Exceptional Client Care Services**

835 Margaret Place  
Shreveport, LA 71101  
(318) 221-1161

### **Home Instead Senior Care**

7600 Fern Ave. Building 400  
Shreveport, LA 71105  
(318) 741-9898

### **Johnson Client Care Services, LLC**

2620 Centenary Blvd., Ste. 142,  
Bldg. 2  
Shreveport, LA 71104  
(318) 424-5070

### **Leading Home Care**

8321 Line Ave., Suite 200  
Shreveport, LA 71106  
(318) 908-2626

### **United Home Healthcare**

9400 Village Green Dr.  
Shreveport, LA 71115  
(318) 798-7777

## **NON-LICENSED**

### **Louisiana Care Tenders**

1747 Bayou Dr.  
Shreveport, LA 71105  
(318) 868-3983

## **HOME HEALTH AGENCIES**

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### **Amedisys Home Health**

425 Ashley Ridge Blvd., Ste. 246  
Shreveport, LA 71106  
(318) 210-8983

### **Ark-La-Tex Home Health**

7591 Fern Ave., Suite 1503  
Shreveport, LA 71105  
318-747-6180

### **Centerwell Home Health**

8508 Line Ave.  
Shreveport, LA 71106  
(318) 550-0291

# LOCAL RESOURCES

## HOME HEALTH AGENCIES CONT., HOSPICE

### **Christus HomeCare Shreveport-Bossier**

425 Ashley Ridge Blvd., Ste.  
330A  
Shreveport, LA 71106  
(318) 383-6745

### **Elara Caring Home Health**

8654 Business Park Drive  
Shreveport, LA 71105  
(318) 797-9392

### **Elara Caring Home Health**

4442 Viking Dr., Ste. 400  
Bossier City, LA 71111  
(318) 742-4026

### **Louisiana Home Care**

6425 Youree Dr., Ste. 290  
Shreveport, LA 71105  
(318) 219-9549

### **National Homecare Services**

4211 Youree Dr.  
Shreveport, LA 71105  
(318) 869-2655

### **PrimeStar Home Health of NWLA**

1527 Doctor's Drive  
Bossier City, LA 71111  
(318) 259-1410

### **Professional Home Health**

404 South Arkansas Street  
Springhill, LA 71075  
(318) 539-2501

### **Red River Home Health**

1701 Old Minden Road, #33B  
Bossier City, LA 71111  
(318) 752-4662

### **Smart Health Care Shreveport**

6135 Fairfield Ave.  
Shreveport, LA 71106  
(318) 865-9747

### **St. Genevieve Health Care**

6009 Financial Plaza, Suite 101  
Shreveport, LA 71129  
(318) 221-2566

### **Stat Home Health**

8039 Line Ave., Suite 1B  
Shreveport, LA 71101  
(318) 861-1965

### **Willis-Knighton Home Health**

3300 Albert Bicknell Dr., Ste. #4  
Shreveport, LA 71103  
(318) 212-4180

## HOSPICE

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### **Aime Hospice Care**

6425 Youree Dr., Suite 380  
Shreveport, LA 71105  
(318) 861-2150

### **Aime Hospice Care**

1132 Homer Road  
Minden, LA 71055  
(318) 371-1140



# LOCAL RESOURCES

## HOSPICE CONT., LEGAL SERVICES

### **Amedysis Hospice**

425 Ashley Ridge Blvd., Ste. 240  
Shreveport, LA 71106  
(318) 868-8788

### **Bristol Hospice Minden**

1634 HWY 531  
Minden, LA 71055  
(318) 382-9396

### **Bristol Hospice Shreveport**

9301 Wallace Lake Rd.  
Shreveport, LA 71105  
(318) 524-1046

### **Christus Hospice Shreveport- Bossier**

425 Ashley Ridge Blvd., Ste.  
330B  
Shreveport, LA 71106  
(318) 383-6748

### **Gentiva Hospice**

590 Boardwalk Blvd., Ste.  
BO-590  
Bossier City, LA 71111  
(318) 227-9160

### **Hand in Hand Hospice**

111 Ryans Way  
Minden, LA 71055  
(318) 299-3012

### **Heart of Hospice**

6425 Youree Dr., Ste. 580  
Shreveport, LA 71105  
(318) 865-4077

### **Hospice of Louisiana at Willis- Knighton**

616 East Flournoy Lucas Rd.  
Shreveport, LA 71115  
(318) 212-2170

### **LifePath Hospice Care Services**

8720 Quimper Pl. Suite 100  
Shreveport, LA 71105  
(318) 222-5711

### **Passages Hospice**

909 Elm St.  
Minden, LA 71055  
(318) 371-1140

### **St. Joseph Hospice**

8950 E. Kings Highway  
Shreveport, LA 71115  
(318) 222-8723

### **Superior Hospice**

511 Jenkins St.  
Mansfield, LA 71052  
(318) 872-2000

## LEGAL SERVICES

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### **PUBLIC**

#### **Elder Law Answers**

(866) 267-0947

#### **Legal Services of North La., Inc.**

720 Travis St.  
Shreveport, LA 71101  
(318) 222-7186



# LOCAL RESOURCES

LEGAL SERVICES CONT., MEDICAL TREATMENT FACILITIES

## **National Academy of Elder Law Attorneys**

1577 Springhill Rd., Ste. #310  
Vienna, VA 22182  
(703) 942-5711

## **Northwest Louisiana Pro Bono Project**

625 Texas Street  
Shreveport, LA 71101  
(318) 221-8104

## **Shreveport Bar Foundation Pro Bono Project**

625 Texas Street  
Shreveport, LA 71101  
(318) 221-8104

## **PRIVATE**

### **Estate Planning for Louisiana**

7591 Fern Ave., Ste. 1303  
Shreveport, LA 71105  
(318) 408-1400

### **Gilsoul & Aronson, LLC**

2950 Fairfield Ave., Ste. 300  
Shreveport, LA 71104  
(318) 524-9966

### **Miramon Law**

3324 Line Ave.  
Shreveport, LA 71104  
(318) 869-0055

### **Weems, Schimpf, Haines, & Moore, APLC**

9105 Ellerbe Rd., Ste. A-100  
Shreveport, LA 71106  
(318) 222-2100

## **MEDICAL TREATMENT FACILITIES**

### **Centerwell Senior Primary Care**

7551 Youree Drive, Suite 11  
Shreveport, LA 71105  
(318) 642-9282

### **Centerwell Senior Primary Care**

2900 E. Texas St. #100  
Bossier City, LA 71111  
(318) 606-6737

### **MedCentris Wound Healing Institute**

1801 Fairfield Avenue, #408  
Shreveport, LA 71101  
(318) 239-7045

### **Minden Medical Center**

1 Medical Plaza Pl.  
Minden, LA 71055  
(318) 377-2321

### **MLK Health & Pharmacy**

865 Olive Street  
Shreveport, LA 71104  
(318) 227-2912

*MLK Health is a free clinic and pharmacy that provides primary care and pharmacy services at no cost to uninsured adults in Northwest Louisiana.*

# LOCAL RESOURCES

## MEDICAL TREATMENT FACILITIES CONT., MEMORY CARE UNITS

### **North Caddo Medical Center**

815 S. Pine  
Vivian, LA 71082  
(318) 375-4090

### **Ochsner LSU Health Shreveport**

1541 Kings Hwy.  
Shreveport, LA 71103  
(318) 675-4101

### **Willis-Knighton Health System**

2600 Greenwood Road  
Shreveport, LA 71103  
(318) 212-4000

### **Willis-Knighton South & The Center for Women's Health**

2510 Bert Kouns Industrial Loop  
Shreveport, LA 71118  
(318) 212-5000

### **WK Bossier Health Center**

2400 Hospital Drive  
Bossier City, LA 71111  
(318) 212-7000

### **WK Pierremont Health Center**

8001 Youree Drive  
Shreveport, LA 71115  
(318) 212-3000

### **Brookdale Bossier**

2540 Beene Blvd.  
Bossier City, LA 71111  
(318) 747-2114

### **Brookdale Shreveport**

7110 University Dr.  
Shreveport, LA 71105  
(318) 524-2100

### **Cottages Memory Care Unit at The Glen**

403 E. Flournoy Lucas Rd.  
Shreveport, LA 71115  
(318) 798-3500

*The Cottages residents live in a homelike environment with opportunities to interact with others in daily activities and form connections with new friends. Trained staff assist residents with their daily routine and offer support when needed. Activities are scheduled to provide engagement and improve cognitive function.*

### **Heritage Manor South**

9712 Mansfield Rd.  
Shreveport, LA 71118  
(318) 687-2080

### **Heritage Manor Stratmore**

530 Stratmore Dr.  
Shreveport, LA 71115  
(318) 524-2022

## **MEMORY CARE UNITS**

Not an all inclusive list; memory care units are continuing to be added to NWLA.

# LOCAL RESOURCES

MEMORY CARE UNITS CONT., NEUROLOGISTS, SENIOR APARTMENTS/INDEPENDENT LIVING

## **Pierremont Healthcare Center**

725 Mitchell Ln.  
Shreveport, LA 71106  
(318) 868-2789

## **Vijayakumar Javalkar, MD**

1541 Kings Hwy  
Shreveport, LA 71103  
(318) 626-0050

## **Springhill Post Acute & Memory Care**

215 First Street NE  
Springhill, LA 71075  
(318) 539-3527

## **WK Neurology Clinic**

2400 Hospital Dr., Ste. 310  
Bossier City, LA 71111  
(318) 212-7430

## **The Blake of Bossier City**

2000 Blake Blvd.  
Bossier City, LA 71111  
(318) 752-6611

## **WK Pierremont Neurology Clinic**

1811 E. Bert Kouns Industrial Loop  
Shreveport, LA 71115  
(318) 212-2720

## **The Chateau at Mont Clair**

9100 Kings Hwy  
Shreveport, LA 71115  
(318) 797-1114

## **SENIOR APARTMENTS/ INDEPENDENT LIVING**

## **NEUROLOGISTS**

### **LSU Center for Brain Health (Research)**

851 Olive Street  
Shreveport, LA 71104  
318-656-4800

### **Bentley Apartments**

6760 Raspberry Lane #601  
Shreveport, LA 71129  
318-687-2007

### **Oschner LSU Health Neurology Center**

945 Margaret Place Ste. 102  
Shreveport, LA 71101  
(318) 626-2482

### **Brookdale Waterview Court**

2222 E. Bert Kouns Industrial Loop  
Shreveport, LA 71105  
(318) 216-4453

### **Tri-State Neurology**

2551 Greenwood Rd., Suite 240  
Shreveport, LA 71103  
(318) 212-8675

### **Brookhaven Elderly Apartments**

2701 Stanberry Dr.  
Shreveport, LA 71118  
(318) 671-8999





# LOCAL RESOURCES

## SENIOR APARTMENTS/INDEPENDENT LIVING CONT.

### **Cambridge Court Apartments**

3009 Kitty Lane  
Shreveport, LA 71107  
(318) 221-0240

### **Canaan Towers Apartments**

400 N. Dale St.  
Shreveport, LA 71101  
(318) 222-4230

### **Cedar Hills Apartments**

7401 St. Vincent Ave.  
Shreveport, LA 71106  
(318) 868-9936

### **Evangeline Foundation Apartments**

3875 Line Ave.  
Shreveport, LA 71106  
(318) 861-1177

### **Galilee Majestic Arms Apartments**

1525 Sycamore Ave.  
Shreveport, LA 71103  
(318) 222-4810

### **Greenwood Elderly Apartments**

8910 Greenwood Rd.  
Greenwood, LA 71033  
(318) 938-0038

### **Holy Cross Villas West**

9333 Normandie Dr.  
Shreveport, LA 71118  
(318) 688-8051

### **Jordan Square Senior Apartments**

623 Jordan St.  
Shreveport, LA 71101  
(318) 227-2591

### **King Gardens Apartments**

1510 David Raines Rd.  
Shreveport, LA 71107  
(318) 222-0805

### **New Horizons Independent Living Center**

1701 North Market St.  
Shreveport, LA 71107  
(318) 671-8131

### **Park Place Manor**

3231 Mertis Ave.  
Shreveport, LA 71109  
(318) 635-2416

### **RedBrook at the Glen**

403 E. Flournoy Lucas Rd.  
Shreveport, LA 71115  
(318) 798-3500

*Redbrook residents enjoy an active, independent lifestyle in a community where the amenities and residence details were created with their best interests in mind. Social opportunities abound, and residents benefit from two dining venues, an on-site salon, and the wellness center with state-of-the-art strength training equipment.*

# LOCAL RESOURCES

SENIOR APARTMENTS/INDEPENDENT LIVING CONT., SKILLED NURSING & REHABILITATION FACILITIES

## **Shreveport Garden Elderly Apartments**

235 E. Stoner Ave.  
Shreveport, LA 71101  
(318) 678-8900

## **Southwood Garden Patio Homes**

3550 Cedar Creek Rd.  
Shreveport, LA 71118  
(318) 682-4022

## **Southwood Square Apartments**

9085 Dean Rd.  
Shreveport, LA 71118  
(318) 671-1888

## **Summerfield Estates**

9133 Baird Rd.  
Shreveport, LA 71118  
(318) 562-4487

## **Wellington Square Apartments**

1812 Jewella Ave.  
Shreveport, LA 71109  
(318) 635-5867

## **SKILLED NURSING & REHABILITATION FACILITIES**

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## **Booker T Washington Skilled Nursing & Rehabilitation**

7605 Line Avenue  
Shreveport, LA 71106  
(318) 219-2608

## **Bradford Guest Care**

3050 Baird Rd.  
Shreveport, LA 71118  
(318) 688-1010

## **Brownlee Community Care Center**

4680 Old Brownlee Rd.  
Bossier City, LA 71111  
(318) 553-5950

## **Colonial Oaks Guest Care**

4921 Medical Dr.  
Bossier City, LA 71112  
(318) 742-5420

## **Cypress Point Nursing & Rehabilitation**

4910 Airline Dr.  
Bossier City, LA 71111  
(318) 747-2700

## **Garden Court Nursing Center**

4405 Airline Dr.  
Bossier City, LA 71111  
(318) 747-5440

## **Garden Park Nursing and Rehab**

9111 Linwood Ave.  
Shreveport, LA 71136  
(318) 747-5440

## **Guest Care Center at Spring Lake**

8622 Line Ave.  
Shreveport, LA 71106  
(318) 868-4126



# LOCAL RESOURCES

## SKILLED NURSING & REHABILITATION FACILITIES CONT.

### **Guest House**

9225 Normandie Dr.  
Shreveport, LA 71118  
(318) 686-0515

### **Heritage Manor South**

9712 Mansfield Rd.  
Shreveport, LA 71118  
(318) 687-2080

### **Heritage Manor Stratmore Nursing and Rehab Center**

530 Stratmore Dr.  
Shreveport, LA 71115  
(318) 524-2022

### **Heritage Manor West**

7060 Cottonwood Blvd.  
Shreveport, LA 71129  
(318) 686-1400

### **Highland Place Nursing and Rehabilitation Center**

1736 Irving Place  
Shreveport, LA 71101  
(318) 221-1983

### **Leslie Lakes Retirement Center**

1355 6th St.  
Arcadia, LA 71001  
(318) 263-9581

### **Magnolia Manor**

1411 Claiborne Ave.  
Shreveport, LA 71103  
(318) 868-4421

### **Many Healthcare & Rehabilitation Center**

120 Natchitoches Highway  
Many, LA 71449  
(318) 256-9233

### **Meadowview Health Rehab**

400 Meadowview Drive  
Minden, LA 71055  
(318) 377-1011

### **Northwest LA War Veterans Home**

3130 Arthur Ray Teague Pkwy.  
Bossier City, LA 71112  
(318) 741-2763

### **Pierremont Healthcare Center**

725 Mitchell Lane  
Shreveport, LA 71106  
(318) 868-2789

### **Pilgrim Manor Guest Care Center**

1524 Doctor's Drive  
Bossier City, LA 71111  
(318) 742-1623

### **Progressive Care Center**

2715 Albert Bicknell Dr.  
Shreveport, LA 71103  
(318) 212-8200

### **Riverview Care Center**

4820 Medical Dr.  
Bossier City, LA 71112  
(318) 747-1857

# LOCAL RESOURCES

## SKILLED NURSING & REHABILITATION FACILITIES CONT., SPECIALTY HOSPITALS

### **Roseview Nursing and Rehabilitation Center**

3405 Mansfield Rd.  
Shreveport, LA 71103  
(318) 222-3100

### **Shreveport Manor Skilled Nursing & Rehabilitation**

3302 Mansfield Road  
Shreveport, LA 71103  
(318) 222-9482

### **Southern Hills Healthcare**

9105 Baird Road  
Shreveport, LA 71118  
(318) 688-6691

### **Springhill Post Acute & Memory Care**

215 First Street NE  
Springhill, LA 71075  
(318) 539-3527

### **The Gables at Spring Lake**

8622 Line Ave. Building B  
Shreveport, LA 71106  
(318) 861-2366

### **Village Healthcare at the Glen**

403 E. Flournoy Lucas Rd.  
Shreveport, LA 71115  
(318) 213-3500

*Village Health Care  
households are designed  
to surround residents with  
the familiarity of home  
while receiving health  
care and rehabilitation*

*services. Residents can enjoy  
connecting with neighbors  
and guests in the great room  
or outdoors on one of many  
porches. We offer a variety of  
life enrichment opportunities.*

### **Willis-Knighton Extended Care Center**

2550 Kings Hwy.  
Shreveport, LA 71103  
(318) 212-6820

### **Willow Ridge Nursing and Rehabilitation Center**

660 Factory Outlet Dr.  
Arcadia, LA 71001  
(318) 263-2025

## **SPECIALTY HOSPITALS**

### **Cornerstone Specialty Hospital**

4900 Medical Drive  
Bossier City, LA 71112  
(318) 747-9500

### **Intensive Specialty Hospital**

1800 Irving Place  
Shreveport, LA 71101  
(318) 425-4096

### **PAM Health Specialty Hospital**

1666 E. Bert Kouns Industrial  
Loop  
Shreveport, LA 71105  
(318) 455-3129

# LOCAL RESOURCES

SPECIALTY HOSPITALS CONT.

## Shreveport Rehabilitation Hospital

1451 Fern Ave  
Shreveport, LA 71105  
(318) 232-8880



**DON'T LET  
DEMENTIA COME  
BETWEEN THE  
GRANDPARENT  
AND THE  
GRANDCHILD.**

**WE CAN HELP.**

CONTACT US AT THE BRIDGE  
ALZHEIMER'S & DEMENTIA  
RESOURCE CENTER

## **FOR MORE INFORMATION**

(318) 656-4800 | [www.alzbridge.org](http://www.alzbridge.org)

851 Olive Street, Shreveport, LA 71104





## Memory Concerns? You're Not Alone.

We are creating a community in Northwest Louisiana where no one affected by Alzheimer's or dementia makes the journey alone.

Contact us if you have a loved one affected by Alzheimer's or any related dementias. Let us help you navigate your way by providing resources, education, and support services.



Alzheimer's  
RESOURCE CENTER  
& Dementia

318-656-4800 | [info@alzbridge.org](mailto:info@alzbridge.org) | [www.alzbridge.org](http://www.alzbridge.org)

851 Olive Street, Shreveport, LA 71104

# Experience care centered on you

Welcome to CenterWell Senior Primary Care™

Our one-stop primary care centers are close to home, and offer the convenient services, perks and assistance you deserve at this stage in life. We are driven every day by a desire to deliver the kind of personalized care, dignity and respect seniors deserve. We not only care for our patients—we care about them. That's the CenterWell difference.



**CenterWell Bossier City**  
**2900 E. Texas St., Ste. 100**  
**Bossier City, LA 71111**  
**318-606-6737**  
**[CenterWellPrimaryCare.com](http://CenterWellPrimaryCare.com)**



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SHREVEPORT

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**FRANKS**

FOUNDATION

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and Mayme P.  
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WHO ALSO SUPPORT OUR PROGRAMS.**



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